



Founder, Susan Lake



THE SPIRITUAL SCHOOL OF RECOVERY Presents

EXPLORING SPIRITUALITY

Discovering our spiritual self is the essence of this weekly class. Join us as we answer the questions that lead to understanding ourselves, our purpose, and our power.

What is spiritual awakening?
How do I connect with my higher self?
How do relationships support my spiritual journey?
What is the mind, body, spirit connection?

Classes start October 18, 2021, 11:30-12:45pm
\$5.00 tuition per class, pay at the door
DAP, Wellness Center
760-992-0469

For more information email: susan@schoolofrecovery.net

Learn More About Us www.schoolofrecovery.net